

**Lynchburg City Schools
Family Life Education
7th Grade OPT-OUT FORM**

In compliance with the state mandate, your child will be included in the Family Life Education lessons this school year unless you request otherwise on the form below. In order to exclude your child from any part of this program, you must: (1) complete the form below; (2) sign the form; and (3) return it to your child's teacher no later than _____.

A summary of the Family Life Education Standards of Learning is listed below. To view a copy of the Family Life Education curriculum, please visit this website:

<https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education>

PLEASE NOTE: You do not need to return this form unless you are opting your child out of participating in Family Life Education lessons

If you wish to opt your child out of the FLE curriculum, please complete as indicated below. Your child will then receive non-FLE-health instruction completed under teacher direction apart from the classroom.

_____ I do not want my child included in Family Life Education instruction.

Child's Name (Please Print)

Grade

Classroom Teacher's Name

Parent/Guardian Signature

Date

SEVENTH GRADE

- 7.1 The student will identify his or her role and relationships within the family.
- 7.2 The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.
- 7.3 The student will realize that physical affection does not have to be sexual, but it also can be an expression of friendship, of celebration, or of a loving family.
- 7.4 The student will recognize that sexual behaviors are conscious decisions; that it is important to say "no" to premarital, abusive, and inappropriate sexual relationships; and that appropriate relationships are based on mutual respect, trust, and caring.
- 7.5 The student will identify messages in society related to sexuality.
- 7.6 Students will explore safety issues related to the Internet.
- 7.7 The student will be aware of the consequences of preteen and teenage sexual intercourse.
- 7.8 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.
- 7.9 The student will describe the signs and symptoms of pregnancy.
- 7.10 The student will develop an understanding of and responsibility for family planning.
- 7.11 The student will explain techniques for preventing and reporting sexual assault and molestation.
- 7.12 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.
- 7.13 The student will identify the issues associated with friendships.
- 7.14 The student will realize the role of peers and the peer group during adolescence, and the nature and purpose of dating.
- 7.15 The student will recognize contributions of various racial and ethnic groups to family life and society.
- 7.16 The student will increase his or her ability to listen to different points of view and to accept the rights of others to a differing point of view.