

**Lynchburg City Schools  
Family Life Education  
Second Grade OPT-OUT FORM**

In compliance with the state mandate, your child will be included in the Family Life Education lessons this school year unless you request otherwise on the form below. In order to exclude your child from any part of this program, you must: (1) complete the form below; (2) sign the form; and (3) return it to your child's teacher no later than \_\_\_\_\_.

A summary of the Family Life Education Standards of Learning is listed below. To view a copy of the Family Life Education curriculum, please visit this website:

<https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education>

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**PLEASE NOTE: You do not need to return this form unless you are opting your child out of participating in Family Life Education lessons**

**If you wish to opt your child out of the FLE curriculum, please complete as indicated below.** Your child will then receive non-FLE-health instruction completed under teacher direction apart from the classroom.

\_\_\_\_\_ I do not want my child included in Family Life Education instruction.

\_\_\_\_\_  
Child's Name (Please Print)

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Classroom Teacher's Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Second Grade Family Life Education SOLs**

- 2.1 The student will recognize that everyone has strengths and weaknesses and that all persons need to be accepted and appreciated as worthwhile.
- 2.2 The student will realize that adults other than parents also provide care and support for children.
- 2.3 The student will become aware that babies grow inside the mother's body in a special place called the uterus.
- 2.4 The student will become aware of the need to take responsibility for the effects of his or her behavior on others.
- 2.5 The student will demonstrate appropriate ways of dealing with feelings.
- 2.6 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- 2.7 The student will advance in readiness to say "no" and to tell a trusted adult, such as a parent, teacher, minister, grandparent, or guardian, in private about inappropriate approaches from family members, neighbors, strangers, and others.
- 2.8 The student will be conscious of how commercials use our emotions to make us want products.